

HIGH SCHOOL — TENNIS

Mandan High School

RYAN BITZ

Senior

Ryan Bitz is a talented and versatile athlete at Mandan, excelling in tennis, baseball, and basketball. As a key player on his tennis team, Ryan helped lead them to a WDA Championship and a state runner-up finish. He is a two-time state qualifier, earning recognition as an All-WDA player and taking third place in WDA singles. Ryan's dedication and skill were further acknowledged when he was named Mandan's Mr. Tennis. Beyond tennis, Ryan is also a standout in baseball and basketball, showcasing his athleticism and versatility across multiple sports. His achievements both on and off the court/field highlight his drive and commitment to success. ~Zachary Morast

21st Century Cyber Charter School

ELIZABETH IONESCU

Junior

Elizabeth Ionescu is a dedicated and accomplished tennis player, demonstrating excellence both on and off the court. Her work on the court has led to being a top 3 recruit for the class of 2026 and is verbally committed to continue her tennis career at the University of Texas. Her commitment to strength and conditioning has been instrumental in her development as she began working with Zach Miller from WellSpan Sports Medicine at the age of 12 years old, and over the last 5 years has prioritized her strength training to become a better athlete and reduce the risk of injury. Academically, Elizabeth continues to excel while balancing her athletic aspirations. Her discipline, resilience, and integrity make her a deserving candidate for the All-American Strength and Conditioning Athlete of the Year Award. ~Zach Miller