

HIGH SCHOOL — TENNIS

INSPIRATION ACADEMY

Mary Brumfield

Senior

Mary is a once in a generation athlete. Her natural strength is one of the most incredible things I have ever coached. Her desire to get better physically has only helped her thrive in the tennis world. I will never get tired of seeing her move a barbell with ease, her 405lb deadlift and 405 squat is astounding as a 170 pound female, not to mention a 185lb bench, with those numbers climbing. Her presence in the Inspiration Academy weight room will be missed after this year. ~Brian Commerford

LAUREL SPRINGS SCHOOL - ELITE TRAINING PROFESSIONALS, LLC

Daniella Benabraham

Singles

Sophomore

Daniella is a very intelligent and thoughtful person. Her resilience and ability to remain calm is well beyond her years, which helps her to remain disciplined to her goals and dedicated to her craft. Daniella has completely embraced a full time strength and conditioning program recognizing that her tennis goals are directly impacted by her physical ability to perform under pressure and remain injury free. She plays at the highest junior tennis level, competing around the world in International Tennis Federation (ITF) events while holding herself to the same high standards academically she does athletically. ~Mark Lerman

PEAK PERFORMANCE - KENOWA HILLS HIGH SCHOOL

Emma Barron

Doubles

Senior

Emma is a veteran member of not only PEAK Performance but also plays Doubles on our Tennis team. She is also part of our highly successful Competitive Cheer team. The strength that she has developed in the weight room has allowed her to be an important member of our teams and her personality and leadership have made her a valued part of PEAK Performance too. ~Todd Johnston