



**FOR REFERENCE PURPOSES ONLY -
THE QUIZ MUST BE PURCHASED AND COMPLETED ONLINE IN ORDER TO EARN CEUS**

Conference Video CEU Quiz
Scientifically Defensible Physical Testing for Tactical Operators

1. Dr. Doyle states that Physical Employment Standards (PES) should be based on which of the following criteria?
 - a) Age
 - b) Task
 - c) Difficulty level

2. The speaker shows that PES should assess which of the following performance capacities?
 - a) Flexibility
 - b) Agility
 - c) Aerobic Power

3. To ensure their long term use, Dr. Doyle suggests that PES should be defensible in what way?
 - a) Scientifically
 - b) Legally
 - c) Socially

4. Which of the following is among the benefits that can be gained from using PES?
 - a) Employment of the right people for the right job
 - b) Provides information for career promotion
 - c) Provides protection against litigation

5. The speaker shows that PES are developed though which of the following job analyses?
 - a) Field estimation
 - b) Field conference
 - c) Field observation



6. Dr. Doyle shows which of the following to be among the considerations used for identifying PES criterion tasks?
- a) The most physically demanding tasks
 - b) The least likely to be performed
 - c) Inability to perform the task renders the personnel unemployable
7. From the example provided within the video, which of the following is one of the two categories of task analysis?
- a) Combat tasks
 - b) Technical tasks
 - c) Physical tasks
8. The speaker showed that if a VO_2 is not a viable test for PES development, which of the following measures offers a suitable surrogate?
- a) RPE
 - b) Gait analysis
 - c) Stroke volume
9. Dr. Doyle stated that which of the following was a weakness of the RPE testing and analysis?
- a) Few personnel can be evaluated
 - b) Testing conditions are limited
 - c) Relies on correlation between performance on test and the task
10. According to information presented in the video, which of the following reflects the degree of face validity needed for PES tests?
- a) Testing should replace training
 - b) Testing should mimic training
 - c) Testing should mimic the ultimate task