



NSCA ALL-AMERICAN STRENGTH AND CONDITIONING ATHLETES OF THE YEAR

2020 — COLLEGE — SKIING

UNIVERSITY OF ALASKA ANCHORAGE

JC Schoonmaker

Sophomore

JC is a phenomenal athlete with a high ceiling. He trains with relentless intensity and consistency, has shown dramatic improvement in the weight-room over the past two years, and is an excellent leader by example. The future is very bright for JC, it is no wonder he always seems to have a raccoon eyed suntan.

~Alysa Horn