



NSCA CEU Approved Events - Southwest Region (CA, HI, NV)

Course Title/Details	City	State	Date	CEU's	Website/Contact Info
Sports Performance Monitoring and Periodic Planning	Alamo	CA	8/12-8/13/2020	2.0	Alex Su Strength and Conditioning
Muscle Mentorship	Redondo Beach	CA	9/7-9/11/2020	2.0	Allegiate
Exercise Anatomy and Free Weight Training	Alamo	CA	10/10-10/13/2020	2.0	Xuan Randy Zhou
Renaissance Periodization Summit 2020	San Diego	CA	10/10/2020	0.8	Renaissance Periodization
Strength and Hypertrophy Training	Alamo	CA	10/14-10/16/2020	1.5	Xuan Randy Zhou
Kime Bulletproof Summit	Sacramento	CA	10/17-10/18/2020	1.6	Kime Performance Physical Therapy
Chain Reaction	San Diego	CA	10/24-10/25/2020	1.7	Gray Institute
Z PLUS EMS Corrective Exercise and Assessment Level 1	Alamo	CA	11/11-11/12/2020	1.6	Z Plus
Z PLUS EMS Corrective Exercise and Assessment Level 2	Alamo	CA	11/13-11/14/2020	1.6	Z-Plus
Muscle Mentorship	Redondo Beach	CA	12/28/2020-1/1/2021	2.0	Allegiate