



# NSCA ALL-AMERICAN STRENGTH AND CONDITIONING ATHLETES OF THE YEAR

## COLLEGE — OLYPMIC WEIGHTLIFTING

### WAYNE STATE COLLEGE

**Isabelle Vacek**

**Hitter**

**Freshman**

Belle is a very proficient lifter that is strong beyond her years. She continues to push hard everyday and has a good opportunity to have multiple lifting records to her name in the next 4 years. ~Grant Darnell