



NSCA ALL-AMERICAN STRENGTH AND CONDITIONING ATHLETES OF THE YEAR

2020 — COLLEGE — RUGBY

BETHEL UNIVERSITY

Ethan Glasscock

Fullback

Senior

Ethan will graduate the program this coming spring having been a mainstay in the starting lineup since his freshman year in 2015. In that time, he has seen the program win a National Title (2016/17 and move into D2 (2017-Present). He has been a leader on the team, whether he has realized it or not, and will be sorely missed for his effort in the weight room, class room, and on the pitch. His academic successes will see him graduate with a job in the nursing field already lined up.

~Patrick Hafenbridle

MARY WASHINGTON UNIVERSITY

Lewis Grant

Senior

Committed Leader on and off the field

~Asau Rodriguez