

High School Strength & Conditioning Coach of the Year Award Criteria

Sheet Covering the Calendar Year 2018

Name of Nominee: _____

Criteria	Yes or No	Expiration Date
Eligibility Requirements		
Current NSCA Member		
NSCA Membership – Minimum 2 years		
NSCA CSCS Certification		
NSCA Registered Strength Coach (RSCC)		
2 years of paid employment as a S&C		
Not a previous recipient		
Cover letter, Resume or CV received		
General Criteria		
Years of CSCS	1 pt each 3 year period	
Additional NSCA certification	2 pts	
Bachelors Degree (select only one degree)	2 pts	
Masters Degree (select only one degree)	3 pts	
Doctorate Degree (select only one degree)	4 pts	
Subtotal	6 pts Minimum	
NSCA Involvement (Documentation Required) Points are for 2018 unless otherwise noted.		
NSCA Regional Coordinator/State Director	4 pts	
NSCA Committee Chair	3 pts	
NSCA Committee Member	2 pts	
SIG Chair/Executive Council	1 pts	
Attended NSCA Annual Conference (Coaches, TSAC, National, Personal Trainers)	3 pts ea.	
Attended NSCA Clinics	2 pts ea.	
Attended NSCA Regional Clinic	2 pts ea.	
Attended NSCA State Clinic	1 pt ea.	
NSCA Awards <i>lifetime</i>	1 pt ea.	
Subtotal	6 Pts Minimum	
Educational/Coaching Activities (Documentation Required) Points are for 2018 unless otherwise noted.		
Hosted NSCA Exam Prep or Foundations of Coaching Lifts	2 pts ea.	
Hosted an NSCA Regional/State Clinic	5 pts ea.	
Strength and Conditioning Course/Curriculum Development (Must be approved by the district. Verified by Assistant Principal /Athletic Director)	2 pts/for each new and different course developed (no points for modification of per-existing courses)	

Currently Teaching Strength and Conditioning Classes (1 semester class = 2 points)	2 pts/class	
Hosted a State Coaches Clinic related to S & C	2 pts	
Supervisor of Student Teacher or Coach in S & C	2 pts per semester	
Won the Strength of America Award	4 pts	
Number of Conference Champions	2 pts ea. Team (10 pts max)	
Sectional/Divisional/ Regional Champions	5 pts ea. Team (10 pts max)	
State Champions/National Champions/or Playoff Status	10 pts	
Nominated NSCA All-Americans S&C Athlete of the Year, <i>this year</i>	1 pt each / 2 pts max	
Subtotal	10 Pts Minimum	
Publications and Presentations (Documentation Required) Points are for 2018 unless otherwise noted.		
Authored or co-authored SCJ (or SC, NSCAJ) featured article	3 pts per article	
Authored or co-authored SCJ (or SC) column	1 pt per article	
Author/Co-author for NSCA Coach, TSAC Report, PTQ	2 pts ea.	
Reviewer for JSCR/SCJ/ NSCA Coach/TSAC Report/PTQ	1 pt. Per 3 articles	
Editor for JSCR/SCJ/NSCA Coach/PTQ/TSAC Report	3 pts ea.	
Editor for NSCA book or chapter	1 pt ea.	
Non-NSCA peer reviewed articles	0.5 pt ea.	
Coaching/Fitness Industry Publications	0.5 pt ea.	
Presented – NSCA Annual Conference (Coaches, TSAC, National, Personal Trainers)	3 pts ea.	
Presented - NSCA Clinic, Pre-Conference, From the Field, Career Talk	1 pts ea. (6 pts max)	
Presented - NSCA Regional/State Clinic	1 pts ea. (6 pts max)	
NSCA Pod-cast or Video	1 pt ea.	
Non-NSCA Presentations (<i>State Coaches, Local presentations, etc</i>)	0.5 pt ea. (5 pts max)	
Subtotal	1 Pt. Min. / 6 Pts. Max	
Total Maximum Points	23 Pts Minimum	