

**Professional Strength and Conditioning Coach of the Year Award
Criteria Sheet**

Covering the 2018 Calendar Year

Name of Nominee: _____

Criteria	Yes or No	Expiration Date
Eligibility Requirements		
Current NSCA Member		
NSCA Membership – Minimum 2 years		
NSCA CSCS Certification		
NSCA Registered Strength Coach (RSCC)		
Head Professional S & C Coach		
Not a previous recipient		
Cover letter, Resume or CV included		
General Criteria * For this section only – points are cumulative during your career	Value of Item	Points Awarded
Years of CSCS	1 pt each 3 year period	
Additional NSCA certification	2 pts ea.	
Bachelor’s degree (select only one degree)	2 pts	
Masters Degree (select only one degree)	3 pts	
Doctorate Degree (select only one degree)	4 pts	
Subtotal	6 pts Minimum	
NSCA Involvement (Documentation Required)* Points are only for 2018 unless otherwise noted.		
NSCA Regional Coordinator or State Director	4 pts	
NSCA Committee Chair	3 pts	
NSCA Committee Member	2 pts	
SIG Chair/Executive Council	1 pts	
Attended NSCA Annual Conference (Coaches, TSAC, National, Personal Trainers)	3 pts ea.	
Attended NSCA Clinics	2 pts ea.	
Attended NSCA Regional Clinic	2 pts ea.	
Attended NSCA State Clinics	1 pt ea.	
NSCA Awards <i>*lifetime</i>	1 pt ea.	
ERP Director and/or CSCS Sponsor	2 pts ea.	
Mentor for ERP students	3 pts	
Subtotal	3 Pts Minimum	

Educational/Coaching Activities (Documentation Required)* Points are only for 2018		
Hosted NSCA Exam Prep or Foundations of Coaching Lifts	2 pts each	
Hosted an NSCA Regional/State Clinic	5 pts each	
Strength and Conditioning Course/Curriculum development (new courses only, no pts for modification of pre-existing courses.)	2 pts/course	
Teaching Strength and Conditioning Courses	2 pts/course	
Hosted a State Coaches Clinic	2 pts each	
Winning season	2 pts	
Making the Playoffs	5 pts	
Subtotal	2 Pts Minimum	
Publications & Presentations (Documentation Required)* Points are only for 2018		
Author/Co-author for JSCR/ SCJ (Feature Article)	3 pts ea.	
Author/Co-author SCJ Column	1 pt ea.	
Author/Co-author for NSCA Coach, TSAC Report, PTQ	2 pts ea.	
Editor for JSCR/SCJ/NSCA Coach/PTQ/TSAC Report	3 pts ea.	
Editor for NSCA book or chapter	1 pt ea.	
Reviewer for JSCR/SCJ/ NSCA Coach/TSAC Report/PTQ	1 pt. per 3 articles	
Non-NSCA peer reviewed articles	0.5 pt ea.	
Coaching/Fitness Industry Publications	0.5 pt ea.	
Presenter - NSCA Annual Conference (Coaches, TSAC, National, Personal Trainers)	3 pts ea.	
Presenter - NSCA Clinics, Pre-Conference, From the Field, Career Talk	1 pts ea.	
Presenter - NSCA Regional/State Clinic	1 pts ea.	
NSCA Pod-cast, Webinar, or Video	1 pt ea.	
Presenter - Non-NSCA Strength Coach (<i>State Coaches, Local Presentations, etc</i>)	0.5 pt ea.	
Subtotal	1 Pt. Min. / 6 Pts. Max	Max Pts:
Miscellaneous Category (Documentation Required)* Points are only for 2018		
Volunteer coaching, after-school education, etc. with justification for this year	1 pt ea.	
Non NSCA Awards this year	1 pt ea.	
Subtotal	No Minimum	
Total Points	12 Pts Minimum	