



NSCA ALL-AMERICAN STRENGTH AND CONDITIONING ATHLETES OF THE YEAR

HIGH SCHOOL — STUDENT ATHLETES

RAYTOWN SOUTH HIGH SCHOOL

YASMIN FRENKEL

Senior

Yasmin has demonstrated a great work ethic in the weight room which has contributed to her continued improvement. Thank you for being a leader in the weight room and exemplifying what it means to be a Raytown South Cardinal! #CardinalStrong ~Monte Yancey

RAYTOWN SOUTH HIGH SCHOOL

HANAN HAYYEH

Senior

Hanan has demonstrated great leadership, and work ethic in the classroom, and in the weight room. Thank you for representing Raytown South High School. #CardinalStrong! ~Monte Yancey