



Board of Directors Meeting Minutes

Monday, April 24, 2017 - 7:00am MST

Phone Conference

This meeting was called to order at 7:05am on Monday, April 24, 2017 by NSCA President, Dr. G. Gregory Haff, seconded by Dr. Jay Dawes.

Participating in the meeting were: NSCA President, Dr. G. Gregory Haff; Dr. Jay Dawes, Vice President; Dr. Joel Cramer, Secretary-Treasurer; Dr. Ian Jeffreys; Dr. Michael Miller; Dr. Brad Schoenfeld; Dr. David Szymanski; Patrick McHenry, MA; and Kacie Wallace, Public Member.

Also present: Michael Massik, Executive Director; Lee Madden, Sr. Director of Finance and Administrative Services (via phone); Dr. Carwyn Sharp, Chief Science Officer; Scott Douglas, Sr. Director of Membership and Business Development; Beth Rampelberg, Marketing Director; Keith Cinea, Publications and Education Director; Torrey Smith, Certification Director; Wayde Rivinius, Sr. Director of Technology; Tyler Christiansen, TSAC Manager, and Christina Klingensmith, Executive Assistant.

Call began without Dr. Joel Cramer

2017-04-24-01 Passed by vote of 8

Topic..... Approval of January 3, 2017 Meeting Minutes
Motion Proposed By:..... Dr. G. Gregory Haff
Motion Seconded By:..... Patrick McHenry, MA
Proposed Motion:..... That the Board of Directors approve the January 3, 2017 Meeting Minutes as presented.
Adopted Resolution:..... That the Board of Directors approve the January 3, 2017 Meeting Minutes as presented.
Staff Support: Christina Klingensmith, Executive Assistant

2017-04-24-02 Passed by vote of 8

Topic..... Approval of January 4, 2017 Meeting Minutes
Motion Proposed By:..... Dr. G. Gregory Haff
Motion Seconded By:..... Dr. Brad Schoenfeld



Proposed Motion:..... That the Board of Directors approve the January 4, 2017 Meeting Minutes as presented.

Adopted Resolution:..... That the Board of Directors approve the January 4, 2017 Meeting Minutes as presented.

Staff Support: Christina Klingensmith, Executive Assistant

2017-04-24-03 Passed by vote of 8

Topic..... Approval of February 2017 Email Vote for Impact Award Recipient

Motion Proposed By:..... Dr. G. Gregory Haff

Motion Seconded By:..... Dr. Jay Dawes

Proposed Motion:..... That the Board of Directors approve the February’s email vote.

Adopted Resolution:..... That the Board of Directors approve the February’s email vote.

Staff Support: Christina Klingensmith, Executive Assistant

2017-04-24-04 Passed by vote of 8

Topic..... Approval of Fellows of the NSCA

Motion Proposed By:..... Dr. David Szymanski

Motion Seconded By:..... Dr. Ian Jeffreys

Proposed Motion:..... That the Board of Directors approves Dr. Andrew Galpin, Dr. Brian Gearity, and Dr. Colin Wilborn as Fellows of the NSCA.

Adopted Resolution:..... That the Board of Directors approves Dr. Andrew Galpin, Dr. Brian Gearity, and Dr. Colin Wilborn as Fellows of the NSCA.

Staff Support: Lee Madden, Sr. Director of Finance and Administrative Services

2017-04-24-05 Passed by vote of 8

Topic..... Approval of Membership Committee Members

Motion Proposed By:..... Dr. Michael Miller

Motion Seconded By:..... Patrick McHenry, MA

Proposed Motion:..... That the Board of Directors approves Aaron Bauder, Renee Hoppe, and Josh Johan as Membership Committee members.

Adopted Resolution:..... That the Board of Directors approves Aaron Bauder, Renee Hoppe, and Josh Johan as Membership Committee members.

Staff Support: Scott Douglas, Sr. Director of Membership and Business Development

Dr. Joel Cramer joined the call at 7:12am



2017-04-24-06

Passed Unanimously

Topic..... Approval of the 2017-2018 Budget
 Motion Proposed By:..... Dr. Joel Cramer
 Motion Seconded By:..... Dr. Brad Schoenfeld
 Proposed Motion:..... That the Board of Directors approves the 2017-2018 budget as presented.
 Adopted Resolution:..... That the Board of Directors approves the 2017-2018 budget as presented.
 Staff Support: Lee Madden, Sr. Director of Finance and Administrative Services

2017-04-24-07

Passed Unanimously

Topic..... Approval of Conference Committee Members
 Motion Proposed By:..... Dr. G. Gregory Haff
 Motion Seconded By:..... Dr. Jay Dawes
 Proposed Motion:..... That the Board of Directors approves Scott Sahli, Doug Sheppard, and Helen Binkley as Conference Committee members.
 Adopted Resolution:..... That the Board of Directors approves Scott Sahli, Doug Sheppard, and Helen Binkley as Conference Committee members.
 Staff Support: Virginia Meier, Director of Conferences and Events

2017-04-24-08

Passed Unanimously

Topic..... Approval of Women’s Committee Members
 Motion Proposed By:..... Dr. Michael Miller
 Motion Seconded By:..... Dr. Ian Jeffreys
 Proposed Motion:..... That the Board of Directors approves Lisa Smith, Rachel Larson, and Kourtney Thomas as Women’s Committee members.
 Adopted Resolution:..... That the Board of Directors approves Lisa Smith, Rachel Larson, and Kourtney Thomas as Women’s Committee members.
 Staff Support: Mary-Clare Brennan, Sponsorship Director

2017-04-24-09

Passed Unanimously

Topic..... Approval of New Foundation Board Members
 Motion Proposed By:..... Dr. David Szymanski
 Motion Seconded By:..... Dr. Brad Schoenfeld



Proposed Motion:..... To approve the appointment of Korrey Hammond to the Foundation Board of Directors.

Adopted Resolution:..... To approve the appointment of Korrey Hammond to the Foundation Board of Directors.

Staff Support: Lee Madden, Sr. Director of Finance and Administrative Services

2017-04-24-10 Passed Unanimously

Topic..... Foundation Bylaws Change

Motion Proposed By:..... Dr. David Szymanski

Motion Seconded By:..... Dr. Jay Dawes

Proposed Motion:..... That the NSCA Board of Directors approves the proposed changes to the Bylaws of the National Strength and Conditioning Association Foundation. These changes will be effective upon approval.

Adopted Resolution:..... That the NSCA Board of Directors approves the proposed changes to the Bylaws of the National Strength and Conditioning Association Foundation. These changes will be effective upon approval.

Staff Support: Lee Madden, Sr. Director of Finance and Administrative Services

2017-04-24-11 Passed Unanimously

Topic..... Approval of Diversity Committee Name and Mission Statement

Motion Proposed By:..... Dr. Ian Jeffreys

Motion Seconded By:..... Dr. David Szymanski

Proposed Motion:..... That the Board of Directors approve both the revision of the Diversity Committee Name and Mission Statement as presented.

Adopted Resolution:..... That the Board of Directors approve both the revision of the Diversity Committee Name and Mission Statement as presented.

Staff Support: Beth Rampelberg, Marketing Director

Patrick McHenry, MA left the call at 7:45am

2017-04-24-12 Passed by vote of 8 as amended

Topic..... Hiring of Past Board Members to NSCA Staff

Motion Proposed By:..... Dr. G. Gregory Haff

Motion Seconded By:..... Dr. David Szymanski / Dr. David Szymanski

Proposed Motion:..... That the Board of Directors charge the Executive Director to initiate a policy of delaying the hiring of any past Board member to NSCA staff for



Adopted Resolution:..... a period of three years after their term on the Board has ended. That the Board of Directors charge the Executive Director to initiate a policy of delaying the hiring of any past Board member to NSCA staff for a period of three years after their term on the Board has ended. If it is in the best interest of the NSCA, the Board of Directors reserve the authority to set side this motion by unanimous vote.

Staff Support: Michael Massik, Executive Director

2017-04-24-13 Passed by vote of 8

Topic..... Acknowledgement of Receipt of Recertification Policies and Procedures for the 2018-2020 Reporting Period.

Motion Proposed By:..... Dr. Ian Jeffreys

Motion Seconded By:..... Dr. David Szymanski

Proposed Motion:..... That the Board of Directors acknowledge receipt of Recertification Policies and Procedures for the 2018-2020 Reporting Period as approved by the Certification Committee.

Adopted Resolution:..... That the Board of Directors acknowledge receipt of Recertification Policies and Procedures for the 2018-2020 Reporting Period as approved by the Certification Committee.

Staff Support: Torrey Smith, Certification Director

2017-04-24-14 Passed by vote of 8

Topic..... Motions to amend

Motion Proposed By:..... Dr. G. Gregory Haff

Motion Seconded By:..... Dr. Jay Dawes

Proposed Motion:..... That the Board of Directors amend the following motions: 1984-06-25-10, 1996-06-19-008, 2010-03-01-06, and 2011-02-28-05.

Adopted Resolution:..... That the Board of Directors amend the following motions: 1984-06-25-10, 1996-06-19-008, 2010-03-01-06, and 2011-02-28-05.

Staff Support: Christina Klingensmith, Executive Assistant

2017-04-24-15 Passed by a vote of 8

Topic..... Motions to rescind/retire

Motion Proposed By:..... Dr. G. Gregory Haff

Motion Seconded By:..... Dr. Jay Dawes

Proposed Motion:..... That the Board of Directors rescind/retire the following motions: 1984-



06-25-04, 1996-06-19-015, 2004-07-14-08, 2005-01-08-04, 2005-07-06-02, 2007-01-05-19, 2009-01-09-06, 2009-01-09-09, 2010-07-14-17, and 2010-07-14-21.

Adopted Resolution: That the Board of Directors rescind/retire the following motions: 1984-06-25-04, 1996-06-19-015, 2004-07-14-08, 2005-01-08-04, 2005-07-06-02, 2007-01-05-19, 2009-01-09-06, 2009-01-09-09, 2010-07-14-17, and 2010-07-14-21.

Staff Support: Christina Klingensmith, Executive Assistant

2017-04-24-16

Passed by a vote of 8

Topic: Hiring of DesignWorks Architects, LLC and Declaring a Conflict of Interest

Motion Proposed By: Dr. G. Gregory Haff

Motion Seconded By: Dr. Jay Dawes

Proposed Motion: That the Board of Director’s charge the Executive Director with the hiring of DesignWorks Architects, LLC and acknowledge the disclosed conflict of interest.

Adopted Resolution: That the Board of Director’s charge the Executive Director with the hiring of DesignWorks Architects, LLC and acknowledge the disclosed conflict of interest.

Staff Support: Lee Madden, Sr. Director of Finance and Administrative Services

Follow-up Reports and Discussion Items

1. A possible partnership for the TSAC program was discussed.
2. An update from the Code of Ethics Ad-hoc Committee was provided.
3. A discussion concerning the *Strength and Conditioning Journal* was had.
4. A follow-up report on motion 2016-04-06-02, NCAA Mental Health was provided.
5. A follow-up discussion on Nutrition Certificate was had.
6. Ideas for NSCA National Conference nomenclature was discussed.
7. A report containing the updates from ongoing actions from the 2016 Strategic Planning was provided.

Dr. G. Gregory Haff adjourned the meeting at 9:40 am MST, seconded by Dr. David Szymanski.