



Board of Directors Meeting Minutes
Wednesday, January 4, 2017
Gaylord Opryland Resort and Convention Center
Ryman Studio FG, Nashville, TN

This meeting was called to order at 7:58am CST on Wednesday, January 4, 2017 by NSCA President, Dr. G. Gregory Haff.

Participating in the meeting were: NSCA President, Dr. G. Gregory Haff; Dr. Jay Dawes, Vice President; Dr. Joel Cramer, Secretary-Treasurer; Dr. Ian Jeffreys; Dr. Michael Miller; Dr. Brad Schoenfeld; Dr. David Szymanski; Patrick McHenry, MA; and Kacie Wallace, Public Member.

Also present: Michael Massik, Executive Director; Lee Madden, Sr. Director of Finance and Administrative Services; Scott Douglas, Sr. Director of Membership and Business Development; Beth Rampelberg, Marketing Director; Keith Cinea, Publications and Education Director; Torrey Smith, Certification Director; Carwyn Sharp, Chief Science Officer (via phone); and Christina Klingensmith, Interim Executive Assistant.

Discussion Items, continued from January 3, 2017:

- 5. Greater Reimbursement for Regional Coordinators
Discussion of reimbursements for volunteers.

Motion Resolutions:

2017-01-04-01 Passed

Topic:Approval of Public Member
Motion Prosed By: Dr. G. Gregory Haff
Motion Seconded By:..... Dr. Joel Cramer
Proposed Motion:..... That the Board of Directors approves Kacie Wallace as the Board Public Member.
Adopted Resolution: That the Board of Directors approves Kacie Wallace as the Board Public Member.
Staff Support Michael Massik, Executive Director

2017-01-04-02 Failed

Topic:Approval of FNSCA Application/Guidelines Revision
Motion Prosed By: Dr. David Szymanski



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Motion Seconded By:..... Patrick McHenry, MA
Proposed Motion:..... That the Board of Directors approves the revision to the FNCSA Application/Guidelines as presented.
Adopted Resolution:
Staff Support Lee Madden, Sr. Director of Finance and Administrative Services

2017-01-04-03 Passed

Topic: NSCA Fellowship Purpose Statement
Motion Prosed By: Dr. G. Gregory Haff
Motion Seconded By:..... Patrick McHenry, MA
Proposed Motion:..... That the Board of Directors charge the Fellowship Committee to add a purpose statement to the FNCSA Application/Guidelines.
Adopted Resolution: That the Board of Directors charge the Fellowship Committee to add a purpose statement to the FNCSA Application/Guidelines.
Staff Support Lee Madden, Sr. Director of Finance and Administrative Services

Dr. Brad Schoenfeld left the room.

2017-01-04-04 Passed (Passed by vote of 8)

Topic: Approval of Revisions to Appendix H of the Board Policies and Procedures Manual
Motion Prosed By: Dr. David Szymanski
Motion Seconded By:..... Dr. Joel Cramer
Proposed Motion:..... That the Board of Directors approves the revisions to Appendix H: Awards and Recognitions of the Board Policies and Procedures Manual as presented.
Adopted Resolution: That the Board of Directors approves the revisions to Appendix H: Awards and Recognitions of the Board Policies and Procedures Manual as presented.
Staff Support Christina Klingensmith, Executive Assistant

Dr. Brad Schoenfeld returned to the room.



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2017-01-04-05

Passed

Topic: Rescind Associate Membership Category
Motion Prosed By: Dr. Michael Miller
Motion Seconded By: Patrick McHenry, MA
Proposed Motion: That the Board of Directors charges the Executive Director to discontinue the Associate Membership Category.
Adopted Resolution: That the Board of Directors charges the Executive Director to discontinue the Associate Membership Category.
Staff Support Scott Douglas, Sr. Director of Membership and Business Development

2017-01-04-06

Rejected

Topic: Student Membership Verification and Lifetime Cap
Motion Prosed By: Dr. Michael Miller
Motion Seconded By:
Proposed Motion: That the Board of Directors charges the Executive Director to adopt recommended changes to Student Membership verification process and the addition of a lifetime cap of 7 years on an individual's access to student membership.
Adopted Resolution:
Staff Support Scott Douglas, Sr. Director of Membership and Business Development

2017-01-04-07

Tabled

Topic: Change Diversity Committee's Name to Diversity, Leadership and Inclusion Committee
Motion Prosed By: Dr. Ian Jeffreys
Motion Seconded By:
Proposed Motion: The Board of Directors approve the name change of the Diversity Committee to Diversity, Leadership and Inclusion Committee.
Adopted Resolution:
Staff Support Beth Rampelberg, Marketing Director



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2017-01-04-08

Passed

Topic: Approval of Employee Handbook
Motion Prosed By: Dr. Joel Cramer
Motion Seconded By: Dr. G. Gregory Haff
Proposed Motion: That the Board of Directors moves to approve the Employee Handbook as presented.
Adopted Resolution: That the Board of Directors moves to approve the Employee Handbook as presented.
Staff Support Lee Madden, Sr. Director of Finance and Administrative Services

2017-01-04-09

Passed (By Vote of 8 – Dr. Joel Cramer abstained)

Topic: Approval of Boyd Epley Award for Lifetime Achievement
Motion Prosed By: Dr. G. Gregory Haff
Motion Seconded By: Dr. Brad Schoenfeld
Proposed Motion: That the Board of Directors approve Avery Faigenbaum as the 2017 Boyd Epley Award for Lifetime Achievement recipient.
Adopted Resolution: That the Board of Directors approve Avery Faigenbaum as the 2017 Boyd Epley Award for Lifetime Achievement recipient.
Staff Support Christina Klingensmith, Executive Assistant

2017-01-04-10

Passed

Topic: Approval of Alvin Roy Award for Career Achievement
Motion Prosed By: Dr. G. Gregory Haff
Motion Seconded By: Dr. Brad Schoenfeld
Proposed Motion: That the Board of Directors approve Terry Todd as the 2017 Alvin Roy Award for Career Achievement recipient.
Adopted Resolution: That the Board of Directors approve Terry Todd as the 2017 Alvin Roy Award for Career Achievement recipient.
Staff Support Christina Klingensmith, Executive Assistant



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Follow Up Reports

1. NSCA's current Social Media trends, stats, and goals were presented.
2. Recommendation from the Task Force for the Youth Strength and Conditioning Certificate were presented. Discussion on moving forward was had.
3. A financial update was presented.

Foundation Board Report

Dr. Brian Shilling, NSCAF President presented a summary of the Foundation's Strategic Planning meeting held October 29-30, 2016.

Executive Sessions

A Motion was made by Dr. G. Gregory Haff seconded by Dr. Jay Dawes to move into Executive Session at 9:30am CST.

A motion was made by Dr. G. Gregory Haff seconded by Dr. Michael Miller to move back into Open Session at 11:40am CST.

A Motion was made by Dr. G. Gregory Haff seconded by Dr. Jay Dawes to move into Executive Session at 4:24pm CST.

A motion was made by Dr. G. Gregory Haff seconded by Dr. Joel Cramer to move back into Open Session at 4:50pm CST.

Dr. G. Gregory Haff adjourned the meeting at 4:50pm CST.