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## Board of Directors Meeting Minutes Saturday, September 23, 2017 – 7:00am MDT Conference Call

This meeting was called to order at 7:01am MDT on Saturday, September 23, 2017 by Dr. G. Gregory Haff, NSCA President. Dr. Brad Schoenfeld seconded.

**Participating in the meeting were:** Dr. G. Gregory Haff, NSCA President; Dr. N. Travis Triplett, President-Elect (non-voting); Dr. Michael Miller, Vice President; Dr. Jay Dawes, Secretary-Treasurer; Dr. Joel Cramer; Dr. Brad Schoenfeld; Patrick McHenry, MA; Kacie Wallace; and Dr. Margaret Jones.

**Absent:** Dr. Ian Jeffreys.

**Also present at time on the call:** Michael Massik, Executive Director; Lee Madden, Sr. Director of Finance and Administrative Services; Scott Douglas, Sr. Director of Membership and Business Development; Torrey Smith, Certification Director; Wayde Rivinius, Sr. Director of Technology and Special Projects; Dr. Carwyn Sharp, Chief Science Officer; Keith Cinea, Education/Publications Director; Virginia Meier, Conferences/Events Director; Beth Rampelberg, Marketing Director; Christina Klingensmith, Executive Assistant; and Tom James, Legal Counsel.

### Motions

**2017-09-23-01** Passed  
Topic: ..... Approval of July 11, 2017 Board of Directors Meeting Minutes  
Motion Proposed By: ..... Dr. G. Gregory Haff  
Motion Seconded By: ..... Patrick McHenry, MA  
Proposed Motion: ..... That the Board of Directors approve July 11, 2017 Meeting Minutes.  
Adopted Resolution: ..... That the Board of Directors approve July 11, 2017 Meeting Minutes.  
Staff Support: ..... Christina Klingensmith, Executive Assistant

**2017-09-23-02** Passed  
Topic: ..... Approval of July 12, 2017 Board of Directors Meeting Minutes  
Motion Proposed By: ..... Dr. G. Gregory Haff  
Motion Seconded By: ..... Dr. Brad Schoenfeld  
Proposed Motion: ..... That the Board of Directors approve July 12, 2017 Meeting Minutes.  
Adopted Resolution: ..... That the Board of Directors approve July 12, 2017 Meeting Minutes.  
Staff Support: ..... Christina Klingensmith, Executive Assistant

**2017-09-23-03** Passed  
Topic: ..... Approval of July 15, 2017 Board of Directors Meeting Minutes  
Motion Proposed By: ..... Dr. G. Gregory Haff  
Motion Seconded By: ..... Patrick McHenry, MA



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Proposed Motion: ..... That the Board of Directors approve July 15, 2017 Meeting Minutes.
Adopted Resolution: ..... That the Board of Directors approve July 15, 2017 Meeting Minutes.
Staff Support: ..... Christina Klingensmith, Executive Assistant

2017-09-23-04

Passed

Topic: ..... Board Member Position Descriptions

Motion Proposed By: ..... Dr. Brad Schoenfeld

Motion Seconded By: ..... Dr. Margaret Jones

Proposed Motion: ..... That the Board of Directors approve the Board Member Position Descriptions addition to the Nomination Committee Handbook as recommended by the Nomination Committee.

Adopted Resolution: ..... That the Board of Directors approve the Board Member Position Descriptions addition to the Nomination Committee Handbook as recommended by the Nomination Committee.

Staff Support: ..... Lee Madden, Sr. Director of Finance and Administrative Services

2017-09-23-05

Passed

Topic: ..... Approval of Strength and Conditioning Professional Standards and Guidelines Revision

Motion Proposed By: ..... Patrick McHenry, MA

Motion Seconded By: ..... Dr. Jay Dawes

Proposed Motion: ..... That the Board of Directors approve the revised version of the Strength & Conditioning Professional Standards & Guidelines as presented.

Adopted Resolution: ..... That the Board of Directors approve the revised version of the Strength & Conditioning Professional Standards & Guidelines as presented.

Staff Support: ..... Keith Cinea, Education and Publications Director

2017-09-23-06

Postponed

Topic: ..... Formation of a Standing Ethics Committee and Approval of NSCA Standards and Procedures

Motion Proposed By: ..... Dr. Joel Cramer

Motion Seconded By: ..... Dr. Margaret Jones

Proposed Motion: ..... That the Board of Directors approve the formation of a standing Ethics Committee and the National Strength and Conditioning Association STANDARDS and PROCEDURES as presented.

Adopted Resolution: .....

Staff Support: ..... Scott Douglas, Sr. Director of Membership and Business Development

2017-09-23-07

Passed

Topic: ..... Approval of Fellowship Review Committee Policies and Procedures

Revision

Motion Proposed By: ..... Dr. Margaret Jones  
 Motion Seconded By: ..... Dr. Jay Dawes  
 Proposed Motion: ..... That the Board of Directors approve the revisions to the Fellowship Review Committee Policies and Procedures document as presented.  
 Adopted Resolution: ..... That the Board of Directors approve the revisions to the Fellowship Review Committee Policies and Procedures document as presented.  
 Staff Support: ..... Lee Madden, Sr. Director of Finance and Administrative Services

**2017-09-23-08**

Passed

Topic: ..... Approval of the Whistleblower Policy Revision  
 Motion Proposed By: ..... Dr. G. Gregory Haff  
 Motion Seconded By: ..... Patrick McHenry, MA  
 Proposed Motion: ..... That the Board of Directors approve the revision to the National Strength and Conditioning Association Whistleblower Policy as approved by legal counsel.  
 Adopted Resolution: ..... That the Board of Directors approve the revision to the National Strength and Conditioning Association Whistleblower Policy as approved by legal counsel.  
 Staff Support: ..... Lee Madden, Sr. Director of Finance and Administrative Services

**2017-09-23-09**

Passed

Topic: ..... New Certification Members  
 Motion Proposed By: ..... Dr. Joel Cramer  
 Motion Seconded By: ..... Dr. Jay Dawes  
 Proposed Motion: ..... That the Board of Directors approves the two new members of the Certification Committee (Jaynie Bjornaraa and Tony Soika).  
 Adopted Resolution: ..... That the Board of Directors approves the two new members of the Certification Committee (Jaynie Bjornaraa and Tony Soika).  
 Staff Support: ..... Torrey Smith, Certification Director

**2017-09-23-10**

Passed as Amended by Proposer

Topic: ..... Approval of NSCA Certification Committee Governance  
 Motion Proposed By: ..... Dr. Joel Cramer  
 Motion Seconded By: ..... Dr. Jay Dawes  
 Proposed Motion: ..... That the Board of Directors approves the updated Certification Committee Governance document as presented.  
 Adopted Resolution: ..... That the Board of Directors approves the updated Certification Committee Governance document as amended.  
 Staff Support: ..... Torrey Smith, Certification Director

Dr. G. Gregory Haff moved to postpone motions 2017-09-23-11, 2017-09-23-12, and 2017-09-23-13 to the next regular meeting of the Board. Seconded by Dr. Michael Miller.

**2017-09-23-11** Postponed  
 Topic: ..... Approval of Personal Trainer of the Year Award Revision  
 Motion Proposed By: ..... Dr. Brad Schoenfeld  
 Motion Seconded By: .....  
 Proposed Motion: ..... That the Board of Directors approve the revision to the Personal Trainer of the Year Policy and Procedures and Criteria Sheet as presented.  
 Adopted Resolution: .....  
 Staff Support: ..... Christina Klingensmith, Executive Assistant

**2017-09-23-12** Postponed  
 Topic: ..... Approval of Sports Medicine and Rehabilitation Specialist of the Year Award Revision  
 Motion Proposed By: ..... Dr. Michael Miller  
 Motion Seconded By: .....  
 Proposed Motion: ..... That the Board of Directors approve the revision to the Sports Medicine and Rehabilitation of the Year Policy and Procedures and Criteria Sheet as presented.  
 Adopted Resolution: .....  
 Staff Support: ..... Christina Klingensmith, Executive Assistant

**2017-09-23-13** Postponed  
 Topic: ..... Approval of Educator of the Year Award Revision  
 Motion Proposed By: ..... Dr. Michael Miller  
 Motion Seconded By: .....  
 Proposed Motion: ..... That the Board of Directors approve the revision to the Educator of the Year Policy and Procedures and Criteria Sheet as presented.  
 Adopted Resolution: .....  
 Staff Support: ..... Christina Klingensmith, Executive Assistant

Dr. Brad Schoenfeld left the call at 8:02am MDT.

**2017-09-23-14** Passed  
 Topic: ..... Approval of new and re-appointed Foundation Board Members  
 Motion Proposed By: ..... Dr. Margaret Jones  
 Motion Seconded By: ..... Dr. Jay Dawes  
 Proposed Motion: ..... That the Board of Directors approve Dr. Matt Stock and Dr. Nicole Dabbs as new Foundation Board members, and the re-appointment of



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Dr. Chad Kerksick to another term, and Dr. Brian Schilling to another term as President.

Adopted Resolution: ..... That the Board of Directors approve Dr. Matt Stock and Dr. Nicole Dabbs as new Foundation Board members, and the re-appointment of Dr. Chad Kerksick to another term, and Dr. Brian Schilling to another term as President.

Staff Support: ..... Carissa Gump, Foundation Director

**2017-09-23-15**

Passed as Amended by Proposer

Topic: ..... Approval of State/Provincial Director of the Year Award Revision

Motion Proposed By: ..... Patrick McHenry, MA

Motion Seconded By: ..... Dr. Margaret Jones

Proposed Motion: ..... That the Board of Directors approve the revision to the State/Provincial Director of the Year award criteria sheet, and support information as presented.

Adopted Resolution: ..... That the Board of Directors approve the revision to the State/Provincial Director of the Year award criteria sheet, and support information as amended.

Staff Support: ..... Scott Douglas, Sr. Director of Membership and Business Development

**Follow-up Reports:**

1. A report overviewing committee compliance to policy was presented.
2. An education accreditation update was provided.
3. An update was provided for the Nutrition and Weight Management Certificate Course.

**Executive Session**

Called at 8:30am MDT by Dr. G. Gregory Haff, seconded by Dr. Jay Dawes

Returned to regular session at 9:09am MDT, called by Dr. G Gregory Haff, seconded by Dr. Jay Dawes.

Meeting adjourned at 9:12am MDT, by Dr. G. Gregory Haff, seconded by Dr. Jay Dawes.