

1885 BOB JOHNSON DRIVE
COLORADO SPRINGS, CO 80906
P. 719.632.6722 | F. 719.632.6367
NSCA.COM/FOUNDATION

Foundation Board of Directors Meeting Minutes
National Strength and Conditioning Association Foundation
Zoom Conference Call
Friday, September 16, 2022

Directors participating in the meeting: Dr. Don Melrose, Dr. Ludmila Cosio-Lima, Mr. Kevin Farley, Dr. Nicole Dabbs, and Dr. Jay Dawes.

Directors not in attendance: Ashley Jackson and Dr. Kristen Snyman.

Also present at times: *Guest:* Jill Goodwin (auditor); *NSCA Foundation Staff:* Carissa Gump; *NSCA Staff:* Lee Madden and Christina Templeton.

The meeting of the NSCA Foundation was called to order at 11:34 am Eastern Time (ET) on Friday, September 16, 2022 by Dr. Don Melrose, NSCA Foundation President. A quorum was present.

The meeting began without Dr. Jay Dawes.

Motion: F-2022-09-16-01 – Agenda

Proposed by: Dr. Ludmila Cosio-Lima

Vote: Passed

Seconded by: Dr. Nicole Dabbs

Adopted motion: To approve the agenda.

Dr. Jay Dawes joined the meeting.

Reports of Officers

- The President provided a brief update of Foundation activities.
- Jill Goodwin, Waugh & Goodwin, LLC, provided the annual audit to the Board of Directors.

Motion: F-2022-09-16-02 – Acceptance of Audit

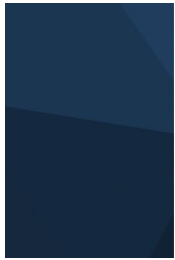
Proposed by: Dr. Nicole Dabbs

Vote: Passed

Seconded by: Dr. Don Melrose

Adopted motion: To accept the audit ending fiscal year March 31, 2022 as presented by Waugh & Goodwin, LLC.

Jill Goodwin left the meeting.



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Motion: F-2022-09-16-03 – Appointment of Auditor

Proposed by: Dr. Don Melrose

Vote: Passed

Seconded by: Mr. Kevin Farley

Adopted motion: To appoint Waugh & Goodwin, LLC as NSCA’s auditors for fiscal year ending March 31, 2023.

Consent Agenda

The consent agenda was proposed by Dr. Ludmila Cosio-Lima, seconded by Dr. Nicole Dabbs, and adopted unanimously:

F-2022-09-16-04 – Minutes

Adopted motion: Approve April 29, 2022 Meeting Minutes.

F-2022-09-16-05 – Minutes

Adopted motion: Approve May 14, 2022 Meeting Minutes.

F-2022-09-16-06 – Grant Policies and Procedures Manual

Adopted motion: Approve Grant Policies and Procedures Manual.

F-2022-09-16-07 – Scholarship Fund

Adopted motion: Approve Behavioral Science Endowment Scholarship Fund.

Committee Reports

- Carissa Gump (on behalf of Ashley Jackson) presented the Coaching Advancement & Assistantship Committee report.
- Dr. Ludmila Cosio-Lima presented the Grants Committee report.

Motion: F-2022-09-16-08 – Grant Committee Chair

Proposed by: Dr. Ludmila Cosio-Lima

Vote: Passed

Seconded by: Dr. Don Melrose

Adopted motion: To approve Dr. Kyle Ryan as Chair of the committee.

Motion: F-2022-09-16-09 – Grant Funding Adjustment

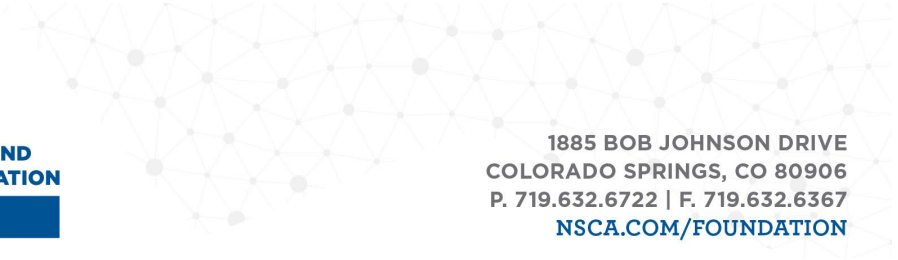
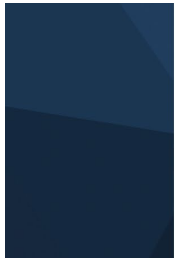
Proposed by: Dr. Ludmila Cosio-Lima

Vote: Passed

Seconded by: Mr. Kevin Farley

Adopted motion: To agree to pay the \$1,200, or exact amount, to Blagrove.

Dr. Nicole Dabbs left the meeting 12:08pm CT.



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- Dr. Don Melrose presented the Investment Committee report.
- Carissa Gump (on behalf of Dr. Kristen Snyman) presented the Scholarships Committee report.

Dr. Don Melrose motioned to adjourn the meeting. It was seconded by Dr. Jay Dawes, and adopted. The meeting was adjourned at 12:21 pm ET.

DRAFT