

# exam prep LIVE

## Host Application National Strength and Conditioning Association®

The Exam Prep Live Clinics (EP Clinics) are 2-day clinics offered as a collaborative effort between the NSCA and the Host. The NSCA does not cover costs for facility use or audio-visual equipment necessary for presentations. Requests for EP Clinics must be made at least 4 months in advance.

Please check the Exam Prep Live Clinic you would like to host:  CSCS  NSCA-CPT

### Host Contact Information

Host School or Organization		Department
Contact Name	Job Title	
Host Site Mailing Address	City	State, Zip Code
Phone	Email	Host Website (if applicable)

### Physical Location for EP Clinic

Street Address	City	State, Zip Code
Building Name	Room No.	Website for Campus Map

Date(s) Requested (*minimum of 4 months in advance*): \_\_\_\_\_

What is the capacity of the instructional area? (min 20; max 50 preferred) \_\_\_\_\_

Does the instructional area have a projector and screen<sup>1</sup>?  yes  no

Will there be access to a weight training area and/or equipment?  yes  no

Are you or your staff interested in being part of the instructional team<sup>2</sup>?  yes  no

How many registrants from your facility do you estimate will participate? \_\_\_\_\_

Colleges/Universities: Are you an NSCA Education Recognition Program (ERP)<sup>3</sup>?  yes  no

<sup>1</sup> EP Clinic host requirements include the provision of audio/visual equipment

<sup>2</sup> All instructors are contracted following approval through an application process

<sup>3</sup> Information about ERP can be found at [www.nsca.com/Programs/Education-Recognition-Program](http://www.nsca.com/Programs/Education-Recognition-Program)

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## Application Agreement

*This application will be reviewed and you will be contacted to discuss the specifics within 1-3 weeks. If approved, the NSCA will provide a formal agreement to host an EP Live Clinic.*

*If approved, I understand that a cancellation may occur if a minimum of 8 participants are not registered 3 weeks prior to the event.*

\_\_\_\_\_  
Host Signature

\_\_\_\_\_  
Date

### **FIRST TIME APPLICANTS: PLEASE PROVIDE THE FOLLOWING INFORMATION:**

The EP Live clinics include a hands-on practical section where access to various assessment and training equipment is required.

Please check the equipment you have available and identify the number of each:

#### **For CSCS, NSCA-CPT**

Necessary

Barbells # \_\_\_\_\_

Squat Racks # \_\_\_\_\_

Bench Press # \_\_\_\_\_

Optional

Plyo boxes # \_\_\_\_\_

Med Balls # \_\_\_\_\_

Kettlebells # \_\_\_\_\_

Heavy ropes # \_\_\_\_\_

#### **For NSCA-CPT Only**

Calipers # \_\_\_\_\_

Blood Pressure Cuffs # \_\_\_\_\_

Tape measures # \_\_\_\_\_

*Note: Modifications to activities can be made if necessary on a per clinic basis.*

Questions? Please Call 800-815-6826 and ask for the Exam Prep Manager

### **Please Return Completed Application To:**

[Examprep@nsca.com](mailto:Examprep@nsca.com)

OR

National Strength and Conditioning Association

Attn: Exam Prep Manager

1885 Bob Johnson Dr.

Colorado Springs, CO 80906

OR

Fax: 719-632-6722, Attn: Exam Prep