



# EARN YOUR NSCA-CPT®

The evidence-based certification for serious trainers



## WHY CHOOSE THE NSCA-CPT?

### Standards

Created in 1993, the NSCA-CPT was the **first personal training certification** to earn NCCA accreditation and continues to **raise the bar globally**.

### Evidence

The NSCA-CPT is built on the foundation of the NSCA, the **nonprofit leader** in strength and conditioning **research and education**.

### Depth

Designed to reflect the **full scope** of personal training, the NSCA-CPT goes beyond the gym floor and **evolves with real-world demands**.



## WHAT YOU'LL DO

- » Assess clients and guide goal setting
- » Build safe, effective training programs
- » Coach exercise technique
- » Lead individual and small-group sessions
- » Adapt for specialized needs and ability levels
- » Support lasting improvements in fitness, health, and wellness

## WHERE YOU CAN TRAIN

- » Private training facilities
- » Performance centers
- » Corporate wellness programs
- » Community and recreation centers
- » Commercial gyms
- » Your own business, including online or hybrid models

## WHY IT STANDS APART

*“I chose the NSCA-CPT because it seemed to be the most rigorous, comprehensive, up-to-date, and evidence-based path to establishing a respected training foundation. I also value the international recognition and feeling of community.”*

– K.W., NSCA-CPT, Certified 2026



**PAY**  
2025 NSCA Salary Survey

**\$68,332**

Average in Personal Training & Private Settings

A previous independent survey found NSCA-certified trainers had the highest average salaries among competitors.



## START YOUR JOURNEY

Take the next step toward becoming an NSCA-Certified Personal Trainer.  
[NSCA.com/NSCA-CPT](https://www.nscacertified.com)

