

NSCA 2026 TACTICAL ANNUAL TRAINING

August 17 - 20, 2026 | Orlando, FL & Online | 2.0 CEUs Category A



SUPERVISOR APPROVAL TOOLKIT

Evidence-Based Training Built for Tactical Demands

2026 NSCA Tactical Annual Training provides hands-on education, professional exchange, and practical solutions. Turn current evidence into better decisions that build readiness, reduce injury risk, and strengthen return to duty.

Why Attend

Tactical professionals are being asked to do more with less. Military performance depends on integration. In public safety, it often falls on one person.

- » Standards and demands are rising.
- » Injury burden, cost, and retention pressure remain high.
- » Systems and data are not optimized to drive better decisions.

Latest Research

This event supports the systems and methods many tactical organizations are being asked to operationalize.

- » Army H2F interdisciplinary performance teams deliver over 8:1 ROI through improved readiness and reduced injury burden.¹
- » Army H2F patients were evaluated 33.8 days sooner and showed better rehabilitation outcomes than hospital-clinic patients.²



Exhibit Hall Access

Evaluate tools, technology, and equipment before you invest.

Meals Included

3 light breakfasts, 2 boxed lunches, 2 reception dinners.



Host Hotel & Venue

Renaissance Orlando at SeaWorld®

- » \$140 (+ taxes) government room rate
- » Valid August 16–21 | Cutoff July 25



Certification Value

Earn 2.0 CEUs Category A in the final year of the 2024–2026 NSCA recertification cycle — one-third of requirements for most certificants.

Registration Pricing

ULTRA	EARLY	STANDARD
Through July 1	July 2–August 5	August 6–Onsite
\$470	\$520	\$570

¹ Thompson AG, et al. Sports Med. 2026. doi:10.1007/s40279-026-02399-3.

² Whitehurst R, et al. Mil Med. 2026;191(3-4):e648-e654. doi:10.1093/milmed/usaf419.



Military

Build readiness for today's standards.

Standards Implementation | Readiness Monitoring | Load Carriage | Cognitive Readiness | Return to Duty



Law Enforcement

Prepare for when the call comes in.

Shift-Work Resilience | Durability | Mobility | Mental Readiness | Injury Risk Reduction



Fire & EMS

Be ready for the demands on scene.

Load Management | Performance Under Fatigue | Recovery | Hydration | Fireground Readiness

ALLIED HEALTH & PERFORMANCE

Support performance across every domain.

Nutrition | Cognitive Performance | Rehabilitation
Sleep and Recovery | Interdisciplinary Collaboration



Common Questions

Why attend in person versus virtually?

In-person attendance is the strongest way to test methods hands-on, evaluate products, and exchange practical insights. At the same price, it also includes meals, networking events, and full schedule access.

Why this event over others?

This event is built for what tactical leaders are being asked to measure and fund now: standards, monitoring, recovery, cognitive performance, and return to duty.

Why send a team instead of one person?

One person cannot cover the full agenda alone. Sending a team broadens coverage, strengthens alignment, and improves follow-through.

What You Get In Return

A Stronger Performance Plan

Turn current evidence into decisions that fit your environment.

Ready-to-Use Methods

Apply what fits across monitoring, recovery, and return to duty.

Smarter Buying Decisions

Identify which solutions support better decisions, not just more data.

Train Together. Implement Faster.

Team pricing helps reduce cost.

Groups of 4 or more get 10% off.

JUSTIFICATION LETTER TEMPLATE

Use the next page as a guide for approval.
Available for download as a [Word Document](#)

Dear

I am requesting approval to attend 2026 NSCA Tactical Annual Training in person, August 17–20, in Orlando, FL. This event supports the systems and methods tactical leaders are being asked to operationalize, including standards, monitoring, recovery, cognitive performance, and return to duty. It is designed to help me apply evidence-based methods in real-world tactical environments.

Attending in person will allow me to test methods hands-on, evaluate relevant products live, and exchange practical insights with professionals addressing similar operational demands. I have identified several sessions or topic areas that align with our current priorities:

- 1.
- 2.
- 3.
- 4.
- 5.

Attending provides 2.0 NSCA continuing education units (CEUs) in the final year of the 2024–2026 recertification cycle and is the last multi-day, tactical-focused conference before that deadline. Following the event, I will share a short debrief with key takeaways and actionable recommendations.

Below is an estimate of costs associated with registration, travel, and lodging:

	Through July 1	July 2 - August 5	August 6 - August 13
Registration	\$470	\$520	\$570
Estimated Airfare			
Estimated Hotel			
Total			

*Host hotel is also the venue, which helps limit local transportation time and cost.
Registration includes 3 light breakfasts, 2 lunches, and 2 dinners.*

Early approval supports cost control and planning. Registration pricing increases over time, and the Renaissance Orlando at SeaWorld host hotel group rate is \$140 (+ taxes) through July 25 while rooms last. Given its direct relevance to our work, I believe attending would provide clear value for our organization.

Thank you for considering this request. I welcome any questions and would be glad to discuss how attending supports our current priorities.

Respectfully,