

2024 NSCA NORTHWEST REGIONAL CONFERENCE ABSTRACT SUBMISSION FORM

INSTRUCTIONS: Please complete all sections of the abstract submission form. The abstract should be saved with the lead author’s last name (e.g., smith.docx), and emailed to Dr. Tessa Koschel at dr.koschel@fitnesstherapy.org and Catherine King MSc. at catherine@westcoastconditioning.ca. The subject line should show NSCA NWR Abstract Submission. For student authors, abstracts must be submitted by a faculty sponsor. If the abstract is incomplete or does not comply with the directions for abstract submission, it will not be eligible for presentation. See the document: Abstract Submission Instructions for further details. Abstracts must be received by 5 pm PST on Friday, May 10, 2024.

<p>First Author/Presenter: Name: Address: City, Province/State Postal Code/Zip Code: Phone: Email: Status: <input type="checkbox"/> Faculty, <input type="checkbox"/> Student, <input type="checkbox"/> Professional</p>	<p>Direct questions to: Catherine King, MSc, CSCS*D Regional Coordinator, NSCA Northwest catherine@westcoastconditioning.ca or Tessa Koschel, PhD, CSCS State Director, NSCA OR dr.koschel@fitnesstherapy.org</p>										
<p>Abstract Topic:</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;"><input type="checkbox"/> Biochemistry / Endocrinology</td> <td style="width: 50%; border: none;"><input type="checkbox"/> Fitness / Health</td> </tr> <tr> <td style="border: none;"><input type="checkbox"/> Biomechanics / Neuromuscular</td> <td style="border: none;"><input type="checkbox"/> Flexibility / Stretching</td> </tr> <tr> <td style="border: none;"><input type="checkbox"/> Body Composition</td> <td style="border: none;"><input type="checkbox"/> Nutrition / Ergogenic Aids</td> </tr> <tr> <td style="border: none;"><input type="checkbox"/> Endurance Training / Cardiorespiratory</td> <td style="border: none;"><input type="checkbox"/> Resistance Training / Periodization</td> </tr> <tr> <td style="border: none;"><input type="checkbox"/> Speed / Power Development</td> <td style="border: none;"><input type="checkbox"/> Other:</td> </tr> </table> <p>3. Are you a NSCA member? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>4. At what academic level was the research conducted?</p> <p style="text-align: center;"><input type="checkbox"/> Bachelors <input type="checkbox"/> Masters <input type="checkbox"/> Doctorate</p> <p>5. Faculty Sponsor’s Name and Affiliation*:</p> <p>6. Faculty Sponsor’s Email to Verify Eligibility:</p> <p>* Abstracts submitted by a student author must be submitted by the faculty sponsor.</p>		<input type="checkbox"/> Biochemistry / Endocrinology	<input type="checkbox"/> Fitness / Health	<input type="checkbox"/> Biomechanics / Neuromuscular	<input type="checkbox"/> Flexibility / Stretching	<input type="checkbox"/> Body Composition	<input type="checkbox"/> Nutrition / Ergogenic Aids	<input type="checkbox"/> Endurance Training / Cardiorespiratory	<input type="checkbox"/> Resistance Training / Periodization	<input type="checkbox"/> Speed / Power Development	<input type="checkbox"/> Other:
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