

2026 NSCA WISCONSIN STATE CLINIC
ABSTRACT SUBMISSION FORM

INSTRUCTIONS: Please complete all sections of the abstract submission form. The abstract should be saved with the lead author's last name (e.g., smith.docx), and emailed to Dr. Ben Krings at kringsb@uwec.edu. The subject line should show WI NSCA Abstract Submission. For student authors, abstracts must be submitted by a faculty sponsor. If the abstract is incomplete or does not comply with the directions for abstract submission, it will not be eligible for presentation. See the document: Abstract Submission Instructions for further details. **Abstracts must be received by 5 pm CST on April 2nd, 2026.**

1 First Author/Presenter: Name: Address: City, ST Zip Code: Phone: Fax: Email: Status: <input type="checkbox"/> Faculty, <input type="checkbox"/> Student, <input type="checkbox"/> Professional		Direct questions to: Ben Krings, PhD, CSCS, Advisory Board Member, NSCA WI kringsb@uwec.edu or Tony Pustina, PhD, CSCS, State Director, NSCA WI apustina@uwec.edu													
2 Abstract Topic: <table style="width: 100%;"><tr><td style="width: 25%;"><input type="checkbox"/> Biochemistry / Endocrinology</td><td style="width: 25%;"><input type="checkbox"/> Biomechanics / Neuromuscular</td><td style="width: 25%;"><input type="checkbox"/> Body Composition</td><td style="width: 25%;"><input type="checkbox"/> Endurance Training / Cardiorespiratory</td></tr><tr><td><input type="checkbox"/> Fitness / Health</td><td><input type="checkbox"/> Flexibility / Stretching</td><td><input type="checkbox"/> Nutrition / Ergogenic Aids</td><td><input type="checkbox"/> Resistance Training / Periodization</td></tr><tr><td><input type="checkbox"/> Speed / Power Development</td><td><input type="checkbox"/> Other:</td><td></td><td></td></tr></table>				<input type="checkbox"/> Biochemistry / Endocrinology	<input type="checkbox"/> Biomechanics / Neuromuscular	<input type="checkbox"/> Body Composition	<input type="checkbox"/> Endurance Training / Cardiorespiratory	<input type="checkbox"/> Fitness / Health	<input type="checkbox"/> Flexibility / Stretching	<input type="checkbox"/> Nutrition / Ergogenic Aids	<input type="checkbox"/> Resistance Training / Periodization	<input type="checkbox"/> Speed / Power Development	<input type="checkbox"/> Other:		
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ABSTRACT: The body of the abstract should not exceed 350 Words. This does not include the title, author(s), and affiliations.