

Updated 12/19/13

Title	Company	Start Date	End Date	CEU	Email
DBacks Continuing Education Series	Arizona Diamondbacks	01/01/13	01/01/14	Varies	nshaw@dbacks.com
Functional Movement Seminars Level 1 and 2	Functional Movement Systems FMS	01/01/13	01/01/14	0.8-1.2	cress@functionalmovement.com
Kettlebell Cardio Instructor Training	Hybrid Athlete LLC, Kettlebell Cardio	01/01/13	01/01/14	0.5	anthony@kettlebellcardio.org
IGNITE 360 Fit Athlete Evaluation Course	IGNITE 360	01/01/13	01/01/14	0.3	ssides@ignite360pt.com
IGNITE 360 Max & i360 Sport Athlete Evaluation Course	IGNITE 360	01/01/13	01/01/14	0.3	ssides@ignite360pt.com
IGNITE 360 Plyometric Progressions	IGNITE 360	01/01/13	01/01/14	0.2	ssides@ignite360pt.com
IGNITE 360 Sports Performance Training Course	IGNITE 360	01/01/13	01/01/14	1.6	ssides@ignite360pt.com
DNS Sport Level 1	L.A. Sports & Spine	01/01/13	01/01/14	1.2	craigliebensondc@gmail.com
DNS Sport Level 2	L.A. Sports & Spine	01/01/13	01/01/14	1.2	craigliebensondc@gmail.com
Faulty Movement Patterns	L.A. Sports & Spine	01/01/13	01/01/14	1.2	craigliebensondc@gmail.com
Fundamentals of CROSS CIRCUIT by Octane Fitness	Octane Fitness	01/01/13	01/01/14	0.4	hbrunk@octanefitness.com
ViPR Workshop	Personal Training on the Net - PTN	01/01/13	01/01/14	0.8	morgan@ptonthenet.com
Basic Olympic Lifting Course	Totten Training Systems	01/01/13	01/01/14	0.8	leototten@comcast.net
Advanced Olympic Lifting Course	Totten Training Systems	01/01/13	12/31/14	1.6	leototten@comcast.net
Olympic Lifting for Explosive Power	Totten Training Systems	01/01/13	12/31/14	1.6	leototten@comcast.net
IGNITE 360 Teacher's Toolbox - Serving the School Market	IGNITE 360	01/01/13	01/01/15	0.3	ssides@ignite360pt.com
Pelvis Restoration	Postural Restoration Institute	01/01/13	01/01/15	1.4	info@posturalrestoration.com
Essentials of Elite Performance	Z-Health Performance Solutions	01/01/13	01/01/15	1.9	office@zhealth.net
Integrated Movement Screens and Assessments	Annette Lang Education Systems, LLC	01/04/13	01/04/14	0.6	Annette@annettelang.com
Integrated Stretching	Annette Lang Education Systems, LLC	01/04/13	01/04/14	0.8	Annette@annettelang.com
Training the Pregnant and Postpartum Client	Annette Lang Education Systems, LLC	01/04/13	01/04/14	0.8	Annette@annettelang.com
Personal Trainer Boot Camp	Professional Fitness Institute	01/20/13	12/13/14	2.0	charles.ware@pf-institute.com
Paddle Fit	Stand Up Fitness	01/21/13	01/21/14	1.5	brody@standupfitness.com
Applying Behavior to Movement: from Traditional to Progressive Program Design	Technogym USA Corp	02/01/13	02/01/14	0.4	etillinghast@technogymusa.com
Applying Behavior to Movement: Ground-Based Programming Strategies	Technogym USA Corp	02/01/13	02/01/14	0.4	etillinghast@technogymusa.com
EAS Academy Lunch N Learn Series	Abbott Nutrition (EAS Sports Nutrition and EAS Academy)	02/01/13	03/01/14	0.1	brian.mayer@abbott.com
Barefoot Training Specialist	Evidence Based Fitness Academy	02/11/13	02/10/14	0.6	dremily@evidencebasedfitnessacademy.com
Eastern Montana Strength and Conditioning Development Series	Athletic Medicine and Performance (AMP)	02/20/13	02/21/14	0.2	jsmith@montanabones.com
Functional Foot and Ankle	Evidence Based Fitness Academy	03/08/13	03/08/14	0.3	dremily@evidencebasedfitnessacademy.com
Advanced Assessment Specialist	Global Fitness Educators	03/21/13	03/21/14	0.7	felix@globalfitedu.com
Nutrition Coach	Global Fitness Educators	03/21/13	03/21/14	0.7	felix@globalfitedu.com

SBT Suspension Exercise Coach & LeanAbolic Coach	SBT	03/21/13	03/21/14	1.6	michele@sbtrainer.com
Elite Training Workshop	Fitness Consulting Group	03/23/13	03/23/14	0.8	toby.brooks@ttuhsc.edu
Athletes' Performance Mentorship Phase 2	Athletes Performance Phoenix	04/01/13	04/02/14	2.0	dzieky@athletesperformance.com
Athletes' Performance Mentorship Phase 3	Athletes Performance Phoenix	04/08/13	04/09/14	2.0	dzieky@athletesperformance.com
Athletes' Performance Mentorship Phase 4	Athletes Performance Phoenix	04/15/13	11/11/14	2.0	dzieky@athletesperformance.com
ISSN-Europa University Workshop	International Society of Sports Nutrition	04/19/13	04/20/14	0.6	cwilborn@umhb.edu
Human Anatomy Lab for Health and Fitness Professionals	Life Chiropractic College West	04/20/13	04/20/14	1.2	kholloway@lifewest.edu
ViPR	Twist Conditioning Inc	04/20/13	04/20/14	0.8	kbigelow@twistconditioning.com
Myofascial Compression Techniques	Myofascial Compression Techniques	04/22/13	04/22/14	0.7	kim@tptherapy.com
SMART-CORE Training	SMART-CORE Training	04/22/13	04/22/14	0.7	kim@tptherapy.com
M.E.T. Level 1 - Movement Efficiency Training	M.E.T. Level 1 - Movement Efficiency Training	04/25/13	04/25/14	0.7	marcel@METmethod.com
An Introduction to Movement Based Training	Athletes' Performance	05/01/13	05/01/14	1.1	rorr@athletesperformance.com
From Assessment to Program Design	Ortho-Kinetics Institute	05/01/13	05/01/14	1.4	kcarpenter@telosfitnesscenter.com
Intro to Ortho-Kinetics and Ortho-Mechanics	Ortho-Kinetics Institute	05/01/13	05/01/14	1.4	kcarpenter@telosfitnesscenter.com
The Science and Art of Exercise Technique	Ortho-Kinetics Institute	05/01/13	05/01/14	1.4	kcarpenter@telosfitnesscenter.com
Training Subsystems, Corrective Exercise	Ortho-Kinetics Institute	05/01/13	05/01/14	1.4	kcarpenter@telosfitnesscenter.com
Functional Mobility	Summit Professional Education	05/03/13	05/03/14	0.6	randy@summit-education.com
Ortho-Kinetics Professional Training Module	Ortho-Kinetics Institute	05/06/13	05/06/14	1.4	kcarpenter@telosfitnesscenter.com
Rehabilitation Specialist Mentorship	Athletes Performance Phoenix	05/13/13	12/13/14	2.0	dzieky@athletesperformance.com
New Concepts and Strategies in Healthy Youth Programming	Therapy Network	06/29/13	06/26/14	0.4	cgiorullo@wellingtonortho.com
Designing Effective and Efficient Workouts for Your Clients	Equinox Fitness Training Institute	07/01/13	07/01/14	0.4	Geralyn.Coopersmith@equinoxfitness.com
Impingement and Instability	Postural Restoration Institute	08/16/13	01/01/15	1.5	info@posturalrestoration.com
Myokinematic Restoration	Postural Restoration Institute	08/16/13	01/01/15	1.5	info@posturalrestoration.com
Boxing for Personal Training	Guidry Training Systems, LLC	09/22/13	11/06/14	0.7	ryan.kelly@huschblackwell.com
Olympic Weight Lifting for Personal Training	Dynamic Fitness Management	09/22/13	11/06/14	0.7	ryan.kelly@huschblackwell.com
Weekly Sports Rounds	Univ of Rochester Med Ctr, Univ. Sports Medicine	10/12/13	10/12/14	0.1	Christopher_Blankenber@urmc.rochester.edu
Functional Movement Screen Level II	Perform Better	10/18/13	10/19/14	1.2	jamieh@performbetter.com
Dynamic Variable Resistance Training	Perform Better	10/19/13	10/20/14	0.6	jamieh@performbetter.com
Core Stabilization: Facilitation and Training Techniques	Therapy Network	10/26/13	10/27/14	1.5	tnseminars@aol.com
Techniques in Eccentric Loading of Muscle/Tendon, Microtrauma and Trauma	Performance Place Sports Care	10/28/13	10/28/14	0.7	seb@P2sportscares.com
Advances in Rehabilitation of the Shoulder	Therapy Network	11/02/13	11/03/14	1.5	tnseminars@aol.com
Management of Nerve and Tendon Pain in the Upper Extremity	Therapy Network	11/02/13	11/03/14	1.5	tnseminars@aol.com
Nutrition and Metabolic Training Strategies for the Human Performance Professional	Athletes Performance Phoenix	11/08/13	11/09/14	1.5	dzieky@athletesperformance.com
Functional Movement Screen Level II	Perform Better	11/08/13	11/09/14	1.2	jamieh@performbetter.com
The Lumbo-Sacral Complex	Therapy Network	11/09/13	11/10/14	1.5	tnseminars@aol.com
The Shoulder Complex	Therapy Network	11/09/13	11/10/14	1.5	tnseminars@aol.com
The Hip & Knee Complex	Therapy Network	11/16/13	11/17/14	1.5	tnseminars@aol.com
The Lumbo-Sacral Complex	Therapy Network	11/16/13	11/17/14	1.5	tnseminars@aol.com
Phase 2 Strength and Conditioning Course	KG Elite Performance	11/16/13	11/20/14	2.0	info@kg-elite-performance.ie

Intrinsic Coach Development Series	Totally Coached, Inc.	11/20/13	12/10/14	2.0	jsivon@totallycoached.com
Weekend Warrior to Elite Athlete: How Those with Lactose Intolerance Can Fuel	National Dairy Council	11/20/13	11/20/14	0.1	meagan.marion@edelman.com
Intrinsic Coach Development Series	Totally Coached, Inc.	11/20/13	12/02/14	2	jsivon@totallycoached.com
The Cervico-Thoracic Complex	Therapy Network	11/23/13	11/24/14	1.5	tnseminars@aol.com
Fundamentals of Functional Movement	PurMotion	12/01/13	12/01/14	0.8	jorge@purmotion.net
Continuing Education Programs	Exercise Etc.	12/01/13	01/01/15	Varies	guy@exerciseetc.com
Advances in Rehabilitation of the Shoulder	Therapy Network	12/07/13	12/08/14	1.5	tnseminars@aol.com
The Cervico-Thoracic Complex	Therapy Network	12/07/13	12/08/14	1.5	tnseminars@aol.com
The Shoulder Complex	Therapy Network	12/07/13	12/08/14	1.5	tnseminars@aol.com
Advance Program Design	Body Mechanics University	12/09/13	12/09/14	0.6	irma.kalkta@bmf.it
October 2013 IDEA Fitness Journal	IDEA Health & Fitness Association (Conferences)	12/10/13	12/09/15	0.4	sgraham@ideafit.com
The Hip & Knee Complex	Therapy Network	12/14/13	12/15/14	1.5	tnseminars@aol.com
The Lumbo-Sacral Complex	Therapy Network	12/14/13	12/15/14	1.5	tnseminars@aol.com
Hammer Strength Clinics	Hammer Strength & Life Fitness	01/01/14	05/01/14	0.8	richard.gray@lifefitness.com
Continuing Education Programs	Exercise Etc.	01/01/14	01/01/15	varies	guy@exerciseetc.com
Nutrition & Exercise: From Science to Practice	Sports Nutrition Workshop	01/24/14	01/25/14	1.0	nclarkrd@rcn.com
Hammer Strength Clinics	Hammer Strength/Life Fitness	02/01/14	10/31/14	0.6	lon.record@lifefitness.com
Nutrition & Exercise: From Science to Practice	Sports Nutrition Workshop	02/07/14	02/08/14	1.1	nclarkrd@rcn.com